CURRENTLY PENDING CLAIMS

1. (Amended) A tubular structure, comprising:

an outer surface;

an inner surface; and

at least one two, stiffness increasing, criss-crossing raised ribs, integrated with and extending from said inner surface or said outer surface, said ribs formed by a string of continuous strands of carbon fibers impregnated and at least partially encapsulated with of at least one of a layer of prepreg and a strand of a fiber.

- 2. (Original) A tubular structure according to claim 1, wherein the tubular structure is cylindrical.
- 3. (Original) A tubular structure according to claim 1, wherein a cross-section of the tubular structure is at least one of ovoid, triangular, rectangular and hexagonal.
- 4. (Original) A tubular structure according to claim 1, wherein the longitudinal axis of the tubular structure is a straight line.
- 5. (Original) A tubular structure according to claim 1, wherein the longitudinal axis of the tubular structure has at least one bent angle.
- 6. (Amended) A tubular structure according to claim 1, wherein said raised ribs are is oriented from between about 0 and 90 degrees, relative to a longitudinal axis of the tubular structure.

7-9. (Canceled)

10. (Amended) A tubular structure according to claim <u>81</u>, <u>further comprising wherein</u> said rib material is attached to said outer surface or said inner surface by a composite veil layer of material, <u>covering said ribs</u>, that is the same as the material from which the rest of the tubular structure is made.

11-24. (Canceled)